

CONTEMPORARY DANCE



2-6 August, 2010

A minimum of 2 years' dance training is required, including at least 2 years of ballet

For students who wish to pursue a broad range of contemporary styles. The schedule is designed to expand and nourish the students' creative and technical capabilities, with the creation of a work working alongside a contemporary choreographer. The aim is to enhance students' knowledge, whether or not they have had previous contemporary dance experience.

SAMPLE TIMETABLE

(please note that this is a sample timetable only – the finalized timetable may vary slightly in content and time)

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30 – 11:00	9:30 – 9:45 WELCOME	BALLET TECHNIQUE	CONTEMPORARY TECHNIQUE	BODY CONDITIONING	CONTEMPORARY TECHNIQUE
	9:45 – 11:00 CONTEMPORARY TECHNIQUE				
11:00 – 11:15	BREAK				
11:15 – 12:30	BALLET TECHNIQUE	CONTACT IMPROVISATION	BALLET TECHNIQUE	BALLET TECHNIQUE	CONTACT IMPROVISATION
12:30 – 1:30	LUNCH				
1:30 – 3:00	CUNNINGHAM or LIMON TECHNIQUE	CONTACT IMPROVISATION	REPERTORY	JAZZ TECHNIQUE FOR CONTEMPORARY DANCERS	CONTACT IMPROVISATION +REP + REHEARSAL
3:00 – 3:15	BREAK				
3:15 – 4:30	REPERTORY	REPERTORY	WORKSHOP – (injury prevention)	REPERTORY	PRESENTATION OF WORK IN PROGRESS + CERTIFICATES